He (the devotee) who everyday, at dawn, recites with reverence this 'Five Gem' song in praise of Ganeśa meditating upon Ganeśvara in his heart, achieves freedom from physical illness, freedom from all evils (defects or sins) and secures wholesome learning, good progeny and a peaceful life and he wins even the eightfold super-human powers are long.

PRATASMARANA STOTRAM

(1)

At dawn I remember the Reality which is the Self, shining brilliantly in the heart, existence-consciousness-happiness, the goal of Paramahamsa-sannyāsins (sages), the Fourth; That which knows always the states of dream, waking and deep-sleep, that Brahman which is partless I am, not the cluster of elements.

(2)

At dawn I sing the praise of That which is unattainable by mind and speech, but by the grace of which all words shine. That which the scriptures declare through the words ‘not this’, ‘not this’ — That God of gods, they say, is unborn and un-changing.
At dawn I bow to that which is called the Highest Self which is beyond darkness, of the hue of the Sun the ancient goal which is the plenum — That, the residuless form (i.e. the whole) in which the entire universe is made manifest like a serpent in a rope.

This meritorious triad of verses, the ornament of the three worlds - he who reads at the time of dawn goes to the supreme goal.

This is the pāhala-śruti (description of the fruit) of this Vedāntic prayer. It is an eulogy of the prayer whose purpose is to consecrate the thoughts, words, and deeds of the individual so that the final goal may eventually be gained.

I adore Ganeśa, son of Lord Paramēśvara, who has a pleasing countenance as he was absorbed in enjoying the aesthetic effect at the end of the play on the lute, whose long beautiful trunk shines with the pomegranate fruit, and who has a row of bees hovering round the fragrant ichor flowing down.